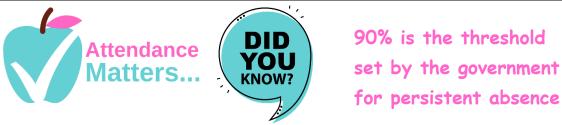


St Mark's C of E Academy

Shop | Morwenstow | Bude | Cornwall | EX23 9PE T: 01288 331395 E: <u>stmarks@lapsw.org</u> W: stmarks-lap.co.uk

Head teacher:Mrs Tanya ClarkAdministrators:Mrs Natalie Vodden and Miss Sam Schöbs





Our whole school attendance target is 96%

	Attendance last week	Attendence since Cont'22		
	Attendance last week	Attendance since Sept'22		
Duckpool (3)	89%	93%		
Sandymouth (2)	87%	93%		
Summerleaze (1)	95%	94%		
Well done Summerleaze for the highest % this week!				
Whole school	89.5%	93.4%		
If your child is ill and cannot attend school please text the office via the app by 9 15				

If your child is ill and cannot attend school, please text the office via the app by 9.15am so that it can be marked in the register. Please do not send a message via siblings.Thanks Dear Parents and families,

What a wonderful final week to the Spring term it has been! Sandymouth thoroughly enjoyed their code writing and code cracking workshops with GCHQ. It was really wonderful to be in Chapel for our Easter service and to share it with parents. The children sang beautifully and the readers were so confident © Thanks again to all the people (in the background) who made it happen and to Michelle for stepping in to lead the service at the last minute. Despite the wet weather (that we seemed to dodge) the children had a wonderful time visiting Newquay Zoo. They were impeccably behaved and the zoo staff were impressed with their knowledge and curious questions. Special thanks to our parent helpers.

We hope you have all recived and found time to read our SIAMS inspection report that we are delighted with. I'd like to thank all of our amazing staff to make St. Mark's the wonderful happy, nurturing school that it is.

GOODBYE TO MRS GALE

This week has seen us saying our goodbyes to Mrs Gale. I know you will join me in thanking her hard work and dedication to the children of our school and wishing her well on her future adventures.

SILVER STORIES - A LINK WITH THE COMMUNITY

Here at St. Mark's C. of E. Academy, we are hoping to introduce a new project involving reading to members of our local community and we need your help to 'get going'. To begin with, we need a list of older community members who would be interested in receiving a regular phone call from a young person from our school (they would be chaperoned by a member of staff). After a bit of an initial chat the young person would then share a story, a poem or even a piece of their own writing. The young person would be aged between 9 and 11 years old. We see this as a lovely opportunity for them to read to an adult and for an adult to enjoy being read to. We would hope that the experience would become one of the highlights of the week for both the reader and the listener.

If you would like to know more about becoming a listener or know someone who might, please contact the school either by telephoning 01288 331395 or by e-mail to stmarks@lapsw.org

I would like to wish you and your families a wonderful Easter break and we look forward to welcoming the children back to school on Monday 17th April.

Kind thanks Tanya Clark

This Week's Commendations and School Value Awards

Duckpool	Sandymouth	Summerleaze
WHOLE CLASS	Flynn	Jayden
Team points for excellent behavior	Dulcie	Zara
at Newquay Zoo	Jacob S	Honey
	Caleb	Finley
		Max
		Freya



The Kind and Helpful Cup was awarded to...

Flo, in Year 5!

WELL DONE FLO!

Dates for your Diary

Every Week	Coming up	
SANDYMOUTH	Mon 3 rd April - Fri 14 th	April Easter Holidays
	Wed 19 th April 3.15pm	SATs meeting for Y6 parents
(CLASS 2)	Wed 26 th April	Coffee, cake and conversation
Outdoor Learning – Fridays	Mon 1 st May	Bank Holiday
	Mon 8 th May	Coronation Bank Holiday
	Tue 9 th – Fri 12 th May	SATS week (KS2 Yr 6)
	Fri 26 th May	INSET Day
	Mon 29 th May - Fri 2 nd June	May Half term
	Sat 24 th June	Patronal festival
	Wed 26 th July	Summer Holidays

New Website for St. Mark's

Our new website is now **live** so please do have a look! https://stmarks-lap.co.uk/ We will be adding new information and there is still a little work to do, so please bear with us.

my at at school.com

PARENT LOGIN

My Child At School (MYCAS) is the app we are now using for school dinners, attendance, parents evenings and eventually all school payments and communication.

All parents should have received a login prompt and be able to access your child's school details.

If anyone has any problems with access or using the app please let Sam or Natalie know in the school office. We are here to help.

Here are the links to download the app on your phone for android and apple: <u>https://play.google.com/store/apps/details?id=com.bromcom.mcas&hl=en_GB&gl=US</u>

https://apps.apple.com/gb/app/mychildatschool/id1394575255

Online Safety and Help for Parents

You will find in your email attachments a really useful list of internet safety There is also some useful information on our new website under e-safety https://stmarks-lap.co.uk/parents/e-safety/

safety with their children, should they fee further guides, hints and tips for adults. At National Online Safety, we believe in empawering parents, carers and trusted adults with the infe It is needed. This guide focuses on one of many issues which we believe trusted adults should be a

Helping children and young people with

WHAT ARE THE RISKS? The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new

LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negatiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

PUSHY NOTIFICATIONS

ntent is also directed at us ough notifications from our apps: ting us know we have a new ssage or social post to read, for ample. While that's useful in some cumstances, it conditions us to ep going back quilne (and is signed to do so) and can be a ar-constant demand on your ld's attention. As such alerts come more common, are we he more common, are we encing an 'attack of the pings'?

BLURRED BOUNDARIES

re are now so many ways we t communicate online in real e (like instant messaging apps) with a delay (such as on social dia) that it's possible to be stantly in conversation. Young with other usefur nucleting ple often prefer quickfire anges of text – but using fewer ds can cause distressing communications through the of non-verbal cues like facial essions or tone of voice.

stresses for young people, who are often less aware of the hidden hazards. With almost half of 10–15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

Advice for Parents & Carers PUSH DISTRACTIONS AWAY

es make one wonder a person or the device? on as it goes off is on ea sily for young people. Try al alierts on your devices

be a sign that sor eir device – and, p a support

9 9

LEARN THE BASICS

It's impossible to keep up with change or every new app. The make yoursell aware of the fu the internet operates, so you or grasp how and why conta Devices and the digital world Devices and the digital world

TALK IT OUT

99 acts as if g your child concerns out

THE FRI Meet Our Expert

💓 @natonlinesafety

ositive and effective online communications – or came of the more hidden aspects of the various r

Source, http://www.childhonscommissioner.gov.uk/report/the-big-ase-big-answerp/ https://www.ons.gov.uk/peoplepopulationanacommunity/stimeanaluet.ce/building/children2onTrobehaviourinenglandar.dwales/yearer.clinamarch202a

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O @nationalonlinesafety red into. Current as of the date of rele

C @national_online_safety e: 28.03.2023

#WakeUpWednesday

ung people to co imselves negati cial media users

BE KIND: UNWIND

KEEP CHECKING IN

where

ru2

VOS





National

Safety

DIGITAL DEPENDENCY

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Likewise, group membership is hugely important to young begale

inversations can cause damaging elings of loneliness and isolation.

kowlse, group membershij ugely important to young j oth in digital and 'real' life eing excluded from online

DISGUISED DISTRESS

Children often hoven't yet develope the emotional resources to deal with many of the setbacks of everyday life, so identifying when it's specifically something online that's worried them can be tricky. A certail level of stress is a normal response to a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel overwhelming and potentially lead to anxiety or depression.

ANTI-SOCIAL SOCIALS

cial media can bring opie together in hugely silive ways. Sadly, it does so have a darker side, including ame war arguments which can calate quickly and have hurtful

86

LOOK FOR THE SIGNS



Water Bottles and Fruit

Please can we ask that all children bring a reusable, refillable waterbottle to school each day – not reused single use plastic bottles that easily split if dropped. A reminder that children should not be bringing Prime bottles into school.

Can we also remind parnets that children can bring a piece of fresh fruit or a vegetable snack for morning breaktime.



Thanks again to everyone who came to our book fair.

We took a grand total of £176.76 over the three days, which means we can buy some lovely new books for our school library.

NURSERY NEWS

This week the children have had fun practicing their physical skills. There was lots of jumping, climbing, running and rolling!

They were also very excited after the Easter Bunny left some surprises for them. Don't forget Nursery will be back on Monday 17th April for those of you who have added Mondays.

Have a fantastic Easter holidays!

Katy and Ali



