



**ST MARK'S**  
CHURCH OF ENGLAND ACADEMY

# PE

**Autumn 1**

**Autumn 2**

**Spring 1**

**Spring 2**

**Summer 1**

**Summer 2**

KS1

Year A

Fundamental movements  
Tag rugby

Gymnastics

Dance  
Basketball

Netball  
Dodgeball

Athletics  
Tennis

Athletics  
Cricket

Year B

Multi skills  
Fundamental movements

Gymnastics

Dance  
Tag rugby

Hockey  
Basketball

Athletics  
Cricket

Athletics  
Tennis

Lower  
KS2

Year A

Multi skills  
Invasion games

Gymnastics

Dance  
Netball

Tag rugby  
Hockey

Athletics  
Cricket

Tri golf  
Swimming

Year B

Netball  
Multi skills

Invasion games

Gymnastics  
Tag rugby

Handball  
Dodgeball

Athletics

Swimming  
Tennis

Upper  
KS2

Year A

Invasion games  
Netball

Gymnastics  
Health and fitness

Dance  
Health and fitness

Badminton  
Hockey

Athletics  
Softball

Swimming  
Cricket

Year B

Invasion games  
Team building/  
problem solving

Gymnastics  
Health and fitness

Dance  
Health and fitness

Basketball  
Cricket

Athletics  
Softball

Swimming  
Tennis