



Allergen Matrix

St Marks Spring 25



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
Iced Bun			✓		✓ Wheat		✓							
J - 5 Bean Chilli, Rice & Nachos													✓	
J - Banana Marble Cake			✓		✓ Wheat									
J - Beef Bolognese, Pasta & Sweetcorn					✓ Wheat				✓				✓	?
J - Beef Burrito, Rice & Slaw			✓		✓ Wheat		✓		✓				✓	
J - Breaded Chicken, Wedges & Slaw			✓		✓ Wheat				✓					
J - Breaded Fish, Chips & Beans				✓					✓					
J - Carrot & Courgette Chocolate Brownie					✓ Wheat									
J - Cauliflower & Butternut Curry, Vegetable Rice & Naan					✓ Wheat				✓				✓	



Celery



Crustaceans



Eggs



Fish



Gluten



Lupin



Milk



Molluscs



Mustard



Nuts



Peanuts



Sesame



SO2



Soya

J - Cheese & Potato Pasty, Chips & Beans					Wheat									
J - Chicken Biryani & Peas					(Wheat*)									
J - Chicken Bites, Chips & Beans					Wheat									
J - Chicken Katsu Curry, Vegetable Rice And Naan					Wheat									
J - Chipolata Sausages, Mash, Sweetcorn, Peas & Gravy														
J - Chocolate Krispie Cake					Barley									
J - Custard Cookie					Wheat									
J - Fish Fingers, Chips & Peas					Wheat									
J - Fruity Flapjack					Oats (Barley*, Rye*, Wheat*)									
J - Halloumi Burger, Wedges & Salad sticks					Wheat									
J - Homity Pie, Roast Potatoes, Carrots & Cabbage					Wheat									



	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Ice Cream Pot							✓							
J - Jacket Potato, Beans & Salad														
J - Jacket Potato, Cheese & Salad							✓							
J - Jacket Potato, Cheese, Beans & Salad							✓							
J - Jacket Potato, Tuna Mayo & Salad			✓	✓					✓					
J - Jelly & Fruit														
J - Leek & Potato Bake, Roast Potatoes, Gravy, Carrots & Cabbage							✓						✓	
J - Lemon Drizzle Cake			✓		✓ <i>Wheat</i>								✓	
J - Macaroni Cheese, Bacon, Focaccia & Peas					✓ <i>Wheat</i>		✓		✓				✓	✓
J - Macaroni Cheese, Focaccia & Peas					✓ <i>Wheat</i>		✓		✓				✓	✓
J - Margherita Pizza, Wedges & Peas					✓ <i>Wheat</i>		✓							



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J - Meatballs & Tomato Sauce, Pasta & Peas															
J - Pepperoni Pizza, Wedges And Salad sticks															
J - Red Pepper Frittata, Chips & Beans															
J - Roast Chicken, Roast Potatoes, Seasonal Vegetables And Gravy															
J - Roast Pork, Roast Potatoes, Gravy, Carrots & Cabbage															
J - Rocket Lolly															
J - Salmon Fingers, Chips & Beans															
J - Scones, Jam & Cream															
J - Shortbread & Fruit															
J - Syrup Pudding & Custard															
J - Tomato & Vegetable Pasta Bake, Focaccia & Peas															

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	Celery	Crustaceans	Eggs	Fish	Gluten <i>Wheat</i>	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	SO2	Soya
J - Vegan Bolognese, Penne Pasta & Sweetcorn					✓ <i>Wheat</i>				✓				✓	✓
J - Vegetable Fajita, Rice & Sweetcorn					✓ <i>Wheat</i>		✓							
J - Vegetable Nuggets, Chips & Beans					✓ <i>Wheat</i>									
J - Vegetarian Hot Dog, Wedges & Slaw			✓		✓ <i>Wheat</i>		?		✓			?	?	?
J - Vegetarian Sausage, Mash, Seasonal Vegetables & Gravy					✓ <i>Wheat</i>								✓	
Jam Tart					✓ <i>Wheat</i>									
Peach Cobbler & Custard					✓ <i>Wheat</i>		✓							

? May contain
 ✓ Does contain

*Allergens in brackets are a May Contain.